Canmore Highland Games Dance Competitions

Saturday, September 5,2026 & Sunday, September 6, 2026

C-AB-CO-26-1029 C-AB-CO-26-1030

Email: CHG.dancers@gmail.com

OPENING & CLOSING DATES - Online Entries Only

www.canmorehighlandgames.com → Events → Highland Dance Competition

Entries will open at 6pm, Monday July 13, 2026 | Closes 11:59 pm, Sunday August 16, 2026

LATE ENTRIES WILL BE ACCEPTED with a $25 late fee until 11:59 pm, Sunday August 23, 2026

JUDGES

Shauna Bunting, MB

Gaelyn McGregor, MB

Jill Young, AB

LOCATION: Centennial Park, Canmore, Alberta

ALL DANCE COMPETITORS MUST ENTER AT ONE OF THE MAIN GATES ON SATURDAY: 5TH AVE OR 6TH AVE.

ON SUNDAY, THE EAST GATE (5TH STREET) WILL ALSO BE OPEN.

The Dance Tent is located near the Stan Rogers Stage in the SE corner of Centennial Park.

Please bring your own lawn chairs. Dogs prohibited by local bylaw

TIMES

Park gates open at 7:30 am. Dancers will be asked to show their ScotDance card at the gate to gain free entry.

	Sat Sep 5: (Registration)		**Sun Sep 6 (Registration)**	
Beginner/Novice:	9 am	(8:15am)	9am	(8:15am)
Primary & Choreography	11am	(10:15am)	11am	(10:15am)
Intermediate/Premier:	1:00 pm	(12:15pm)	1:00 pm	(12:15pm)

GATE ADMISSION

ALL FAMILY MEMBERS & GUESTS ACCOMPANYING DANCERS MUST PAY ADMISSION

Only volunteers receive complimentary entry & a Games T-Shirt– so if you are not on the volunteer list, you will have to pay entry. This will be strictly enforced. Please Volunteer!!

*****Discounted Tickets: Special Family pack sale will be on the July & August Long weekend**

Note: Taste of Highlands, the evening Ceilidh and other advance tickets & bundles available online at www.canmorehighlandgames.ca/tickets; **Gate prices on the event day will be higher.**

OPENING CEREMONIES – MASSED FLING - Sunday September 6, 2026 AT 1PM

All dancers are invited to participate in the Opening Ceremony Recreational Massed Fling (4-step). Please report to the front of the ATCO Stage at 12:45 pm. All dancers in any Highland Dance outfit are encouraged to participate at no charge. Please take part if you can, as this is part of our pageantry of the day, enjoyed very much by the spectators.

DANCE EVENTS – Day 1 - Saturday September 5/2026				
Primary	**Beginner**	**Novice**	**Intermediate**	**Premier/Restricted**
PDB	Fling (4)	Fling (4)	Fling (4)	Fling (4)
PDB + HC	Seann Triubhas (3+1)	Seann Triubhas (3+1)	Sword (2+1)	Laddie (4)
Fling (4)	Lilt (4)	Lilt (4)	Seann Triubhas (3+1)	Seann Triubhas (3+1)
Sword (2&1)	Flora(4)	Flora (4)	Sailors Hornpipe (4)	Sailors Hornpipe (4)

+ Demonstration*	+ Demonstration*			Solo Choreography**

DANCE EVENTS – Day 2 – Sunday September 6/2026				
Primary	**Beginner**	**Novice**	**Intermediate**	**Premier/Restricted*** **
PDB	Fling (4)	Fling (4)	Lilt (4)	Lilt (4)
PDB + HC	Sword (2+1)	Sword (2+1)	Flora (4)	Flora (4)
Fling (4)	Lilt (4)	Lilt (4)	Laddie (4)	Blue Bonnets (4)
Sword (2&1)	Flora (4)	Flora (4)	Johnnie (4)	Village Maid (4)

				Group Choreography**

Important Competition notes:

1. **Program will go to print on Aug 14th so only dancers registered by Aug 12th will be listed in the program.**
2. **EACH DAY IS A SEPARATE EVENT SO PRE-PREMIER CAN EARN 2 STAMPS THIS WEEKEND.**
3. **If we qualify for Restricted Premier with 100+ Premier dancers, AGGREGATE winners on Day will dance Premier on Day 2**
4. * Demonstration will be offered on Saturday - only for Dancers who are not competing. Dances will be PD, PBH, Fling
5. ** Choreography event does not count towards the aggregate
6. Competition numbers will be used on both days
7. *** We are offering a Premier >30 yrs event on Sunday! Dust off your shoes dancers!

COMPETITION RULES & REGULATIONS

1. The Competition is governed by the rules & regulations of the Royal Scottish Official Board of Highland Dancing and ScotDance Canada.
2. **Entry Fees:** Primary: $7/dance; Beginner, Novice: Intermediate & Premier<16: $9/dance; Premier>16yrs: $10/dance. Choreography: solo $15; Group $30; SDCCS Surcharge/dancer: $1; Online fee: $3/entry.
3. Age as of September 5, 2026. Age groups will be decided at the discretion of the Canmore Highland Games Dance Committee.
4. In order to compete, dancers must be registered with the RSOBHD or RSOBHD subsidiary body (such as ScotDance Canada). All competitors must present their current RSOBHD registration card at the registration table on the day of competition for every competition. Any dancer unable to show a valid registration card will pay a $10.00 fee to the organizer and will forfeit all awards until such time as the card is produced. If the card is not produced within 10 days, their name will be passed on to all Organizers who will be advised not to accept entries from the dancer or allow them to compete until such matters are satisfactorily resolved. Costs incurred for mailing awards will be payable to the Competition Organizer.
5. All competitors must remain in costume for all award presentations. Competitors must use the change tents provided as changing in public areas including washrooms is prohibited.
6. Entries will only be accepted online. Online entry receipt serves as official confirmation of entry. There will be NO ENTRY FEE REFUNDS for anyreason.
7. Judge's decision is final. No discussion can be entered into between a judge and a competitor or the parent or legal guardian of a competitor. Any complaint must be in writing with the complainant's signature, accompanied by $35.00 and given to the Canmore Dance Committee (prior to the end of the day). The fee will be forfeited if the complaint is not upheld.
8. Dancers must dance in own category and age group. Dancers will dance in inverse order of entry and must dance in numerical sequence or be disqualified
9. **IMPORTANT**: No status/category changes on the day of the competition. Email status changes to the Registrar at CHG.dancers@gmail.com . Last day for change is Monday, August 31, 2026.
10. No trophies will be awarded for Primary dancers.
11. No parents will be permitted in the Line-up area except those of Primary dancers.
12. Cash Awards for Premier 16 yrs & over: **1st $60, 2nd $50, 3rd $40, 4th $30, 5th $25, 6th $20.**
    Restricted Premier 16 yrs & over: **1st $50, 2nd $40, 3rd $30, 4th $20, 5th $15, 6th $10.**

Choreography Rules and Regulations

- Only Premier dancers may enter the solo & group choreography events.
- A "group" is 3 or more dancers. Average age determined based on the age of dancer on September 5, 2026.
- Choreography: Must be Scottish or Celtic in appearance and theme including costume and music.
- Time limits: 1.5 minutes solo and 2.5 minutes group dances.
- All dancers must email their music in an MP3 or MP4 format to CHG.Dancers@gmail.com by August 28th, 2026.
- All dancers must present their 2026 RSOBHD Dancer Registration cards at registration.
- Maximum entries: Solo: 16 competitors; Group: 10 Groups

SPECIAL NOTES - RESTRICTED PREMIER RULES

- This competition will offer Premier and Restricted Premier events according to the rules and regulations ofthe RSOBHD and ScotDance Canada.
- A minimum of 100 Premier dancers must be entered in this event before Restricted Premier classes will be offered. In the event this condition has not been met, the organizer is under NO obligation to advise dancers prior to the event.
- A Restricted Premier dancer is defined as one who has not won an overall trophy in a Premier or Restricted Premier class for two (2) years preceding September 5, 2026 / September 6, 2026.
- ScotDance Canada defines an *overall trophy win is defined as the dancer with the highest total number of points having competed in more than one (1) individual dance in a Premier age category that has 6 or more competitors. Winners of special dances such as a Special Hornpipe or Special Jig, Best-Dressed or Choreography event DO NOT qualify as an overall trophy win. A Championship and Pre-Championship are both considered a Premier event.*
- Dancers who meet the requirements for the Restricted Premier class must choose either Restricted Premier or Premier for the competition on Sept 5, 2026, but not both (i.e. dancers may not compete in Premier & Restricted Premier on the same day).

Primary/Beginner Demonstration Event – Saturday September 5, 2026

- Any Primary or Beginner level dancer aged > 4 years wishing to "practice" a competition experience may participate in this non-judged event. **This event is not for dancers competing in the competition. It is meant only for practice for non competitive new dancers.**
- Dancers for this event do not need a RSOBHD card. There will be no fee required.
- **Parents will be required to register and sign a waiver for their dancers at registration starting at 10:15.** Dancers entered for the Primary/Beginner Demonstration Event will dance at about 11:45 am.
- Please do not fill in an online entry form for the Primary Demonstration Event.
- Dancers are required to wear proper RSOBHD attire even though this event is not judged.
- Dancers registered in this demonstration event will be marshalled and dance PDB and PDB/HC to the piper in front of a judge who will not score their performance. Beginner dancers can dance the PDB and PDB/HC as well as the fling.
- No placings will be awarded in this event

COVID-19 PROTOCOLS

This event is being held in compliance with all provincial health and safety orders in effect at the time of the entry being posted, as well as facility requires for COVID-19. Our goal is to provide a safe, calm, inclusive and positive environment for all participants. We appreciate unexpected situations could arise on the day that may require action that is meant to protect our dancers, judges, volunteers, and other participants.

Covid-19 Guidelines:

1. Public Health requirements will be continuously evaluated, and participants will be informed of any Covid-19 protocols prior to the event through social media and email.
2. For all participants attending our sanctioned events, generally, there will be 4 guidelines we encourage participants to follow in the absence of any local, provincial, or national government health orders:
   - wearing a mask for your own protection and of others
   - maintain physical distancing wherever possible
   - sanitizing hands often
   - staying home if you feel sick
3. Upon registering for this event and immediately prior to the event, you agree to the requirements and recommendations of any National, Provincial and local public health and other governmental authorities as well as any requirements from the Town of Canmore which may be in effect at the time of the event, as it pertains to the Covid-19 Coronavirus and to adopt all necessary measures to those effects.
4. Participants are required to agree to the COVID-19 Other Contagions General Assumption of Risk and Waiver of Liability at the time of registration.