

35th Annual **WESTERN CANADA OPEN CHAMPIONSHIP & INTERIOR BRITISH COLUMBIA PREMIERSHIP**

Hosted by: *The Interior Highland Dancing Association of BC*

Tournament Capital Centre
910 McGill Road, Kamloops, BC V2C 6N6

Saturday March 28, 2026

**Pre-Premier Competition,
Pre Championship &
Western Canada Open Championship**
The Championship is recognized by the RSOBHD.
Competition Organizer Registration
CBC CO 26

Sunday March 29, 2026

**Interior British Columbia Premiership,
Premier National Competition**
The Premiership is recognized by RSOBHD.
**Choreography, Broadsword
& Pre-Premier Competition**
Competition Organizer Registration
CBC CO 26

Monday March 30, 2026

IHDA Workshop
Instructor: Delma Wilson
2025 Summit Drive, Kamloops BC
Competition Organizer Registration
CBC CO 26

Judges:

**Lindsay Perreault, Victoria BC
Laureen McLaren-Geib, Calgary AB
Gregor Bowman, Glasgow SCO
Diane Krugh, Houston TX**

Pipers:

**Rob Johnston, Surrey BC
Andrew Lee, Port Coquitlam BC**

ONLINE ENTRIES ONLY

Opening Date: Entries will open online at www.eventry.net at 8:00 AM PST January 5, 2026.

Closing Date: Entries will close at 11:59 PM PST on March 18, 2026.

ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED.

Please have your RSOBHD card, IHDA Membership Number and credit card on hand for the online entry. Payment may be made by credit card or PayPal.
If you have any questions or problems with the online system, please contact ihda.competitions@gmail.com

Host Hotel: Coast Kamloops Hotel & Conference Centre
1250 Rogers Way, Kamloops BC V1S 1N5
250-828-6680

Group Rate: 2 Queen Beds \$159.00
2 Bedroom Suite \$259.00

Highland Dance Group must be quoted when booking.

Saturday March 28, 2026

Commencing at 8:30 am

PRE-CHAMPIONSHIP

1. Highland Fling (4), Sword (2&1), Seann Triubhas (3&1), Strathspey & Reel of Tulloch (2&4)

See Rule #13 & 14 in Rules and Regulations

PRIMARY	BEGINNER	NOVICE	INTERMEDIATE
2. Pas de Basques 3. Pas de Basques & Highcuts 4. Fling (4) 5. Sword (2&1)	6. Fling (4) 7. Sword (2&1) 8. Seann Triubhas (3&1) 9. Special Fling (4)	10. Fling (4) 11. Sword (2&1) 12. Seann Triubhas (3&1) 13. Special Fling (4)	14. Fling (4) 15. Sword (2&1) 16. Seann Triubhas (3&1) 17. Strathspey & Reel of Tulloch (2&4)

WESTERN CANADA OPEN CHAMPIONSHIP

Commencing no earlier than 10:30 am

Commencing no earlier than 12:30 pm

18. 7 & Under 10 Years

19. 10 & Under 12 Years

20. 12 & Under 14 Years

21. 14 & Under 16 Years

22. 16 & Under 18 Years

23. 18 Years & Over

Fling, Sword, Seann Triubhas, Strathspey & Reel of Tulloch

2026 steps set forth by the RSOBHD

See Rule #12 & 14 in Rules and Regulations

Sunday March 29, 2026

Commencing at 8:30 am

PREMIER NATIONAL COMPETITION

INTERIOR BRITISH COLUMBIA PREMIERSHIP

24. Blue Bonnets (4)

25. Earl of Errol (4)

26. Scottish Lilt (4)

27. Sailors Hornpipe (4)

See Rule #16 & 17 in Rules and Regulations

28. 7 & Under 10 Years

29. 10 & Under 12 Years

30. 12 & Under 14 Years

31. 14 & Under 16 Years

32. 16 & Under 18 Years

33. 18 Years & Over

Blue Bonnets, Earl of Errol, Scottish Lilt, Sailors Hornpipe

2026 Steps set forth by the RSOBHD

See Rule #15 & 17 in Rules and Regulations

SPECIAL EVENTS

34. Pre-Premier Solo Choreography
Commencing following the Pre-Premier Competition

See Rule #18 in Rules & Regulations

35. Premier Broadsword
Commencing following the Premiership & Premier National Competition

See Rule #19 in Rules & Regulations

Commencing in the PM

PRIMARY	BEGINNER	NOVICE	INTERMEDIATE
36. Pas de Basques 37. Pas de Basques & Highcuts 38. Fling (4) 39. Sword (2&1)	40. Fling (4) 41. Sword (2&1) 42. Seann Triubhas (3&1) 43. Strathspey & Highland Reel (2&2) 44. Scottish Lilt (4) 45. Flora (4)	46. Fling (4) 47. Sword (2&1) 48. Seann Triubhas (3&1) 49. Strathspey & Highland Reel (2&2) 50. Scottish Lilt (4) 51. Flora (4)	52. Fling (4) 53. Sword (2&1) 54. Seann Triubhas (3&1) 55. Highland Laddie (4) 56. Scottish Lilt (4) 57. Irish Jig (4)

Monday March 30, 2026

IHDA WORKSHOP with Diane Krugh

Time	Class
9:00 AM – 10:30 AM	Premier 2026 Championship Steps
10:45 AM – 12:00 PM	Premier 2026 Premiership Steps

FEES

Pre-Championship	\$50.00 per dancer	Workshop IHDA Member Dancer	\$30.00 per dancer
Championship	\$60.00 per dancer	Workshop Non-IHDA Member Dancer	\$40.00 per Premier
Premiership	\$60.00 per dancer	Workshop IHDA Professional Member	\$20.00 per professional
Pre-Premier	\$8.00 per dance	Workshop Non-IHDA Professional Member	\$25.00 per professional
Premier National 15 Years & Under	\$8.00 per dance	Pre-Sale Programme	\$5.00 each
Premier National 16 Years & Over	\$10.00 per dance	Saturday ONLY Admission Pre-Sale	\$5.00 per person
Pre-Premier Solo Choreography	\$10.00 per dance	Sunday ONLY Admission Pre-Sale	\$5.00 per person
Premier Broadsword	\$50.00 per Team	Admission at the door per day	\$10.00 per person
Number Fee	\$1.00 per dancer		
ScotDance BC Fee*	\$2.00 per day		
Online Registration Fee	\$5.00 per entry		

*Please note, as our events are registered as two separate competitions, dancers are required to pay the ScotDance BC fee of \$2 each per day. Also, because of this, category changes will happen between the days should a dancer fill their dance card on the Saturday.

PLEASE NOTE: A SMALL PRINTED PROGRAMME WILL BE AVAILABLE BY PRE-SALE ONLY. PROGRAMMES WILL NOT BE AVAILABLE FOR PURCHASE AT THE EVENT. ALL RESULTS WILL BE POSTED ON THE SCOTDANCE APP. This can be downloaded at the Apple App Store, Google Play Store or by visiting scotdance.app from your internet browser.

WESTERN CANADA OPEN CHAMPIONSHIP AND IHDA PRE-PRIMER COMPETITION RULES AND REGULATIONS:

- All dancing events are governed by the rules and regulations of the Royal Scottish Official Board of Highland Dancing (RSOBHD) and ScotDance Canada.
- This event may be cancelled at any time up to, and including on or during the date of competition, dependent upon public health concerns.
- Age is determined as of the day of each event.
- Dancers will dance in reverse order of receipt of entry (first to enter, last to dance) in all events **except Championship**. Championship order of dance will be determined by computer draw.
- Committee reserves the right to combine or split classes.
- Age classes will be determined upon receipt of entries for all dance events except Championship and Premiership, which will be the classes listed on the entry. Should there not be sufficient entries for a Championship or Premiership class, classes will be combined.
- The decision of the judge(s) is final.
- Protests must be made in writing, signed and submitted to the competition secretary by the end of the competition day and must be accompanied by a \$30.00 fee, refundable if sustained.
- Absolutely **NO** late entries will be accepted.
- Absolutely **NO** telephone, email, mail or hand delivered entries will be accepted.
- There will be **NO** entry fee refunds. If admittance to the event is refused based upon good health declaration, fees will be refunded except for an administration fee of \$5.00 per family.
- Championship:** Computer draws for each dance. All dancers must dance the 2026 Championship steps set forth by the RSOBHD.
- Pre-Championship:** Entry is restricted to those who have never won a Pre-Championship or a Championship.
- Dancers may enter either Pre-Championship (if eligible, see Rule 13), Championship, or both.
- Premiership:** Dancers will dance in reverse order of entry. All dancers must dance the 2026 Premiership steps set forth by the RSOBHD.
- Premier National:** Open to Premier dancers who do not wish to dance the Premiership. Sailors Hornpipe is a 4 step for all dancers.
- Dancers must choose between the Premiership and Premier National Competition.
- Pre-Premier Solo Choreography:**
 - Open to Pre-Premier dancers.
 - Choreography must be Scottish or Celtic in appearance and theme including costume.
 - Dance not to exceed 2 minutes including entrance and exit.
 - Music must be emailed to ihda.competitions@gmail.com no later than March 22, 2026 and a backup copy on a USB memory stick must be brought to the event.
 - Dancers may use props during their performance, either static or non-static provided that they do not require setup or takedown, but live animals are not permitted.
- Premier Broadsword:**
 - Open to Premier dancers.
 - Dancers will register in 4-person teams. One dancer from each team will register for the Premier Broadsword with their online registration.
 - Full name, age, RSOBHD number and name of teacher/school for each member of the Broadsword Team must be included for the entry to be valid.
 - Set steps will be required. Steps are included on the final page of the entry form pdf and will be posted on www.ihda.ca, and the Interior Highland Dance Association social media pages. Music can be requested by emailing ihda.competitions@gmail.com.
- Dancers filling in for the Reel must dance entire dance.
- In order to compete, dancers must be registered with the RSOBHD or RSOBHD subsidiary body (such as ScotDance Canada). All competitors must present their current RSOBHD registration card at the registration table on the day of competition for each competition. Any dancer unable to show a valid registration card will pay a \$10.00 fee to the organiser and will forfeit all awards until such time as the card is produced. If the card is not produced within 10 days, their name will be passed on to all Organisers who will be advised not to accept entries from the dancer or allow them to compete until such matters are satisfactorily resolved.
- Prizes:** Cash prizes awarded in the 16 & over Championship, Premiership and Premier National Competition. Medals for all other classes. Beginner Special Fling will receive a special prize. Choreography Challenge winners will receive a special prize.
- Beginner & Novice Special Fling does not count towards the aggregate. It is a standard 4 step Highland Fling that is awarded a special prize.
- Online entries will be accepted from 8:00 am PST January 5, 2026, through March 18, 2026.
- All category changes must be emailed to ihda.competitions@gmail.com before March 22, 2026.
- Dancers must be dressed appropriately at all times.
- All competitors must remain in costume for award presentations.
- Number will be used for both days.
- Dancers and parents must respect the ScotDance Canada Risk Management Guidelines, Local Health Authority directives, and the RSOBHD Code of Ethics.

ASSUMPTION OF RISK AND WAIVER OF LIABILITY RELATING TO PARTICIPATION IN A SCOTDANCE CANADA SANCTIONED EVENT (COMPETITION/WORKSHOP), INCLUDING COVID-19/OTHER CONTAGIONS OF CONCERN AS IDENTIFIED BY THE WORLD HEALTH ORGANIZATION/LOCAL/PROVINCIAL/FEDERAL GOVERNMENT AUTHORITIES TO BE CONFIRMED WITH ONLINE ENTRY

This waiver and declaration must be completed by the Organizer of the sanctioned event and provided either by email, via online participant registration or at the event. Participants are required to acknowledge (participant definition meaning dancer of legal age/parent/guardian/volunteer/professional, judge, piper).

The Interior Highland Dance Association of BC (IHDA) and its members commit themselves to comply with the requirements and recommendations of National, Provincial and local Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, the Interior Highland Dance Association of BC (IHDA) cannot guarantee that you (or your child, if participant is a minor/ or the person you are the legal guardian of) will not become infected with COVID-19/other contagions. Further, attending the Event could increase your (or your child, if participant is a minor/ or the person you are the legal guardian of) risk of contracting COVID-19/other contagions, despite all preventative measures put in place.

By signing this document,

I declare that I (or my child, if participant is a minor/ or the person I am the legal guardian of) am participating voluntarily in The Western Canada Open Championship and Interior British Columbia Premiership.

I am aware that participating in the Western Canada Open Championship and Interior British Columbia Premiership (the "Event") involves the potential for risks, dangers and hazards, including but not limited to:

- (a) COVID-19/other contagions; and,
- (b) injury to myself / my child as a result of the physical nature of dance competition/workshop and performance; and
- (c) the taking and/or release of unauthorized photographs, video and/or other recordings of myself and/or my child, notwithstanding efforts to enforce Event policies.

I declare that neither I (or my child, if participant is a minor/ or the person I am the legal guardian of) nor anyone in my household, have experienced in the last 48 hours prior to the date of The Western Canada Open Championship and Interior British Columbia Premiership, Covid-19/other contagions symptoms (as identified by public health authorities).

I declare that neither I (or my child, if participant is a minor/or the person I am the legal guardian of) have tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials (awaiting results); have been in close contact with a person who, to my knowledge, had symptoms of COVID-19/other contagions or has tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials; or am currently subject to a quarantine or self-isolation order for any reason, including travel.

I (or my child, if participant is a minor/or the person I am the legal guardian of) declare that I have not been required to self-isolate under timelines set out by public health authorities (except for essential school or work activities).

If I (or my child, if participant is a minor/ or the person I am the legal guardian of) experience, or if anyone in my household experiences any Covid 19/other contagions symptoms after submitting this declaration, I (or my child, if guardian of) will not attend any of The Western Canada Open Championship and Interior British Columbia Premiership programs or services until no longer required to self-isolate or for 48 hours after symptoms resolve or as directed by public health authorities.

I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree to the requirements and recommendations of National, Provincial and local Public health and other governmental authorities and to those special safety regulations put in place by the Interior Highland Dance Association of BC (IHDA), the Western Canada Open Championship and Interior British Columbia Premiership as it pertains the Covid-19/other contagions and to adopt all necessary measures to those effects.

I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree that, by filling out and signing this waiver and agreeing to the terms and conditions set out in it, I am giving up my legal rights to sue the Interior Highland Dance Association of BC (IHDA), The Western Canada Open Championship, Interior British Columbia Premiership and its officers and directors, in the event that I (or my child, if participant is a minor/ or the person I am the legal guardian of), contracts Covid-19/other contagions.

This document will remain in effect until the Interior Highland Dance Association of BC (IHDA), as per the direction of the National, Provincial and local Public health and other governmental authorities, determines that the aforesaid acknowledgments pertaining to Covid 19/other contagions in this declaration are no longer required.

In consideration of my / my child's participation in the Event and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, **I hereby WAIVE ANY AND ALL CLAIMS** against ScotDance Canada, its directors, agents, employees, executive members, volunteers and organizers of the Event (the "Releasees"), which I now have, or hereafter may have against the Releasees. In particular, but without limiting the foregoing, **I agree to release the Releasees from ANY AND ALL LIABILITY** for any loss, damage, injury, or expense I / my child may incur as a result of my / my child's participation in or attendance at the Event. **I agree to indemnify and hold harmless the Releasees from ANY LOSS, DAMAGE, INJURY OR EXPENSE, including legal costs,** that the Releasees may incur due to my / my child's participation in or attendance at the Event, whether caused by the negligence of the Releasees or otherwise, and whether caused to my child or otherwise. I understand that the Releasees will photograph and otherwise record the Event, its participants and attendees. **I consent to and authorize such recording. I further consent to and authorize** the Releasees to publish my/my child's image, likeness and information in any medium, including but not limited to photographs, videos, DVDs, and web-casts. I understand that this publication will take place in the public domain, including in printed materials, public announcements, and on the internet.

I specifically consent to the public release of the following information: 1. Name; 2. City, Province, Country of Residence; 3. Tartan; 4. Age; 5. Results.

This document is in addition to and does not replace all other The Interior Highland Dance Association of BC (IHDA), Western Canada Open Championship and Interior British Columbia Premiership waivers.

I ACKNOWLEDGE THAT BY SIGNING AND SUBMITTING THIS ENTRY, ELECTRONICALLY OR OTHERWISE, THAT I HAVE READ THIS AGREEMENT CAREFULLY AND FULLY UNDERSTAND IT AND AGREE TO ALL OF THE ABOVE TERMS AND CONDITIONS.

Signature required if in person, otherwise acknowledge by email or via online entry form.

PREMIER BROADSWORD SET STEPS

Dance Choreographed by Chauntal Rosborough for SDCCS 2024. Music by Alastair Lee

Terms: LF = Left Foot RF = Right Foot PDB = Pas de Basque Bar = 4 counts on all steps

Introduction: All dancers will begin the dance at their respective spots facing the judge. Dancer 1 at Point 1, Dancer 2 at Point 2, Dancer 3 at Point 3, Dancer 4 at Point 4.

Bars 1&2: Stand 8 counts as for bow.

Bar 3: Bow (4 counts).

Bar 4: Place LF in third cross position (5), execute pivot turn to right to finish facing the hilt (6,7), drop LF flat, point RF in 2nd position (8).

Arms: Arms in first position during the introduction to end with the left arm in second position on count 8.

First Step

Bar 1: PDF RF, execute highcut action LF to 4th intermediate aerial position (as for count 2&3 of Bar 1 of the First Step of the Scottish Lilt).

Bar 2: Repeat Bar 1 on LF.

Bar 3: Execute the first 2 counts of a progressive strathspey movement with RF travelling toward 2nd position to the corner, spring RF bringing LF to 3rd rear aerial position making a ¼ turn to the right on the corner, spring LF taking RF to 3rd aerial position making a ½ turn to the right remaining on the corner.

Bar 4: Repeat Bar 3 travelling to 2nd position to end of next sword with no body turns.

Arms:

Bars 1&2: First position on PDB and second position during highcut action

Bars 3&4: Third position

Bars 5 – 16: Repeat Bars 1-4 three more times making a full circle around the sword to finish in original spot.

Second Step

Dancers 1 + 3: Brushing and Toe Heel

Bar 1: Execute 4 outward brushes to 4th aerial position (hop LF, hop LF, spring RF, hop LF) travelling counterclockwise to the next sword to finish at the hilt facing corner B & D respectively.

Bar 2: Two hops RF executing a toe and heel movement in 4th opposite 5th position with LF, Spring and then hop LF executing a toe and heel movement in 4th opposite 5th position with RF.

Bar 3: Execute 4 spring points turning (as for bar 4 of the 2nd step of the Sword Dance) ending facing the hilt, springing RF, LF, RF, LF.

Bar 4: Execute four highcuts springing RF, LF, RF, LF.

These dancers are now finished at their new positions, 2 & 4 respectively.

Arms:

Bar 1: Second position (changing on spring)

Bar 2: Second position

Bar 3: Hands clasped behind back

Bar 4: Third position

Bars 5-8: From new positions, Dancers 1 & 3 dance Bars 1-4 of the Brushing and Toe Heel, and Dancers 2 & 4 dance Bars 1-4 of the Pas de Basques and Toe Heel.

Bars 9-16: Repeat Bars 1-8.

Third Step

Dancers 1 & 3 begin, Dancers 2 & 4 stand with feet and arms in 1st position at the hilt.

Bar 1: PDB into square to right of the sword with RF, PDB LF in the same square.

Bar 2: Open Pas de Basques over sword LF in 4th opposite 5th position, spring open pas de basques RF in 4th opposite 5th position.

Bar 3: Execute 4 spring points in 4th position turning over the sword, springing RF (no turn), LF (1/2 turn), RF (no turn), LF (no turn).

Bar 4: Execute 4 backsteps moving backwards to end at the hilt, springing RF, LF, RF, LF.

Dancer 1 travels to spot 3 and Dancer 3 travels to spot 1.

Arms:

Bar 1: First position

Bar 2: Third position

Bar 3: Arms clasped behind back

Bar 4: Third position

Bars 5-8: Dancers 2 & 4 dance Bars 1-4 ending in spots 4 and 2 respectively. Dancers 1 & 3 stand in 1st position at the hilt.

Bars 9-12: Dancers 1 & 3 repeat Bars 1-4 ending at spots 1 & 3 respectively. Dancers 2 & 4 stand in 1st position at the hilt.

Bars 13-16: Dancers 2 & 4 repeat Bars 1-4 ending at spots 2 & 4 respectively. Dancers 1 & 3 stand in 1st position at the hilt.

Note: Last count of Bar 16, all dancers clap to signal quick time.

Last Step

Bar 1: Execute Bars 1-2 of the 8th Basic Reel Step (Assemble and Travel) travelling to the corner to the dancer's right, with no extensions of RF on counts 1 and 4.

Bar 2: Repeat Bar 1, making a ¼ turn to the left on count 1 and finishing at the hilt of the next sword.

Bar 3: Execute two PDB springing RF, LF making a full turn to the right on the spot at the hilt of the sword.

Bar 4: Execute four highcuts springing RF, LF, RF, LF.

Arms:

Bars 1&2: First position on count 1, Second position for remaining counts

Bar 3: First position

Bar 4: Third position

Bars 5-8: Repeat Bars 1-4 travelling to next hilt (dancers will complete a half circle around sword).

Bars 9-12: Repeat Bars 1-4 on the opposite foot, now travelling clockwise and turning to the left on Bar 11.

Bars 13-15: Repeat Bars 9-11, ending facing the judge (Dancer 1: full turn, Dancer 2: ¾ turn, Dancer 3: ½ turn, Dancer 4: ¼ turn).

Bar 16: Extend LF to 2nd aerial position, assemble LF in 3rd position, execute 2 entrechats RF.

Arms (Bar 16): First position

Finish: Dancers at swords 1 & 2 step to the right and bow. Dancers at swords 3 & 4 drop to first position and bow.